

City of Gahanna
Department of Parks & Recreation
200 S. Hamilton Road Gahanna, Ohio 43230
Phone- (614) 342-4250 Fax- (614) 342-4351

2009/2010 Volleyball Rules

I. INDIVIDUAL/TEAM ELIGIBILITY

- A. No team shall be permitted to play unless the roster has been completed and the league fee paid prior to the established deadlines.
- B. The Department must be informed of any roster changes by 24 hours prior to scheduled matches. The changes must be in writing or by fax (614) 342-4351. No changes may be made over the phone. Players may be added at any time during the course of the season; however, the department must be informed of the change THE BUSINESS DAY before the individual is going to participate.
- C. Players can be a member of only ONE team per league.
- D. All players in the adult leagues must be at least 18 years old and be out of high school.
- E. Players may not be a current member of a college volleyball team.
- F. Players will not wear jewelry! Jewelry includes, but is not limited to, rings, earrings, bracelets, chains, watches, hats or other head coverings. The referee has the authority to require a player to remove any jewelry that poses an undue safety risk or is a distraction to the other team. Glasses or other corrective lenses are worn at the player's risk. Shoes are required and must be appropriate for indoor gym surfaces. Shoes that leave marks on the floor will not be allowed.
- G. Misinformation to the Department regarding the eligibility of a player(s) will result in that player's suspension from the league, a forfeit of all previous games in which the player participated, and exclusion from tournament play for the team involved.
- H. To be eligible for tournament games player must be on roster. If player has not played in at least one match the opposing coach must approve.
- I. Players must be listed on the team roster in order to be eligible to play. This includes substitutes.
- J. All players must sign a Code of Conduct prior to their first game.

II. THE MATCH

- A. USA Volleyball rules will be followed with the exceptions noted below.
- B. Matches will consist of 3 games. Each game will be played as rally scoring to 25 points, with a 20 minute time limit per game. A team must win by 2 points unless time limit is reached. All 3 games will be played.
- C. There is no grace period, you must start with however many players you have present. Example: if you only have one player present, he/she will play against 6 players. If a team doesn't show up it's a forfeit, if you forfeit 2 or more matches you may be disqualified from the league.
- E. For Co-Rec play, allowable combinations are:
 - Six Players: 3 men and 3 women; or, 2 men and 4 women.
 - Five Players: 3 men and 2 women; or 2 men and 3 women
 - With the approval of the opposing team, men may out number the women.
 - Example: 4 men and 2 women.

In accordance with USA Volleyball Rule 1.1 “The serving order and positions on the court at service shall be male and female alternated or vice-versa.”

- F. For Co-Rec STANDARD play, if a team uses more than one hit in returning the ball to the other side during a volley then one of the hits must be by a woman. A touch on the block is not a hit. It is a fault if no woman hits the ball and two men hit the ball consecutively and the ball completely crosses the plane of the net or is legally blocked while in the plane of the net.
- G. There is no mercy rule!

III. SPORTSMANSHIP

- A. Sanctions against individual players will be issued according to USA Volleyball Rules regarding individual sanctions, warnings, penalties, and expulsions, and disqualifications.
- B. Team sanctions will be issued in accordance with USA Volleyball Rules - Team Sanctions, Improper Requests and Team Delays.
- C. Any player, manager, or backer who causes, directly or indirectly, any attack upon the person of a game official or threatens an official with bodily harm by work or by act at any time will subject himself to indefinite suspension from all activities conducted by the Parks and Recreation Department. An official's written report shall describe such offenses. These acts would include, but are not limited to, the following:
 - 1. Bumping, pushing, or grabbing an official.
 - 2. Swinging or striking at an official
 - 3. Throwing a ball or any object at an official. **No contact necessary.**
 - 4. Physical restraint required to keep a player from attacking an official.
- D. Officials shall eject from the game any player or manager guilty of foul, obscene, profane, or abusive language. The official shall report to the Parks and Recreation Department such players or managers. **This kind of language is unacceptable in any sporting event and will not be tolerated!**
- E. Scorers are officials and are thus entitled to the same respect and authority that the officials have.
- F. A player or manager ejected from a match will be suspended from their team's next 2 league contests. More severe acts may result in an indefinite suspension.
- G. Any player, coach, manager, team franchise or team follower involved in any unsportsmanlike conduct which occurs before, during or after a game and is judged detrimental and/or degrading to the Parks and Recreation Department program will be suspended for their team's next 2 League contests and may be suspended indefinitely from all further participation in the program.
- H. A second or subsequent expulsion from a match during the season will result in the indefinite suspension from Parks and Recreation Department athletic programs.
- I. A player or coach will be indefinitely suspended from all Parks and Recreation Department athletic programs for participating in a game while under suspension.
- J. Penalties incurred at the end of the season will be carried over into the next season.
- K. Drinking of any intoxicants by team members, coaches, or followers during a contest or on recreation areas adjacent to that contest before, during, or after any set of games will bar that team from further participating in sports activities in any recreation areas under the jurisdiction of the Parks and Recreation Department. Any ball player, coach, or team attendant seen with an alcoholic beverage by an umpire will be ejected from the game. Violators must leave the area immediately. Failure to do so will result in forfeiture of the game

V. PROTESTS

- A. A \$25.00 processing deposit must accompany a protest. This deposit will be returned if the protest is allowed. The eligibility of a player is the only thing that can be protested. **No official's ruling will be overturned.**
- B. Protests must include the date, time, and location of the game, official's name, final score, manager's name, and signature of protesting player.
- C. If a protest of the ineligibility of a player is sustained, all games in which that player participated shall be forfeited and the team shall be excluded from tournament play for the season.
- D. The Department has the right to establish a player's eligibility - rosters will be checked after the 3rd week of the season.
- E. In protesting use of an ineligible player, the burden of proof lies with the protesting team.
- F. Any official's decision which involves judgment is final. No player, manager, coach, substitute or follower shall abusively or continually object to such a judgment. Offenders will be ejected from the match and will be subject to further disciplinary action by the Parks and Recreation Department (see Rule IV, Section F).